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Morgan James Publishing. Paperback. Condition: New. 148 pages. Dimensions: 8.0in. x 5.0in. x 0.3in.When charging after a goal, most people act like a bull in an arena, focusing solely on the swinging red flag in the bullfighters hands and forgetting about the rest of the surrounding area and neighboring responsibilities. Ready, Set, Achieve! presents an organized guide to turning a dream into reality without sacrificing achievements in other areas of life. Studies have shown that personal health directly affects professional...

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