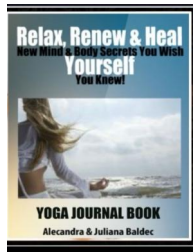


## Relax, Renew & Heal Yourself Yoga Journal Book: Write Down Your Favorite Yoga Affirmations, Track Your Daily Yoga Progress, Note Down Your Yoga Journe



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### Book Review

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(Seth Fritsch)

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