



30 meals/30 minutes: A healthy exchanges cookbook by Lund, JoAnna M

By Lund, JoAnna M

Berkley Publishing Group ;, 1997. Hardcover. Condition: New. 000-505: Trade Size Hardcover without dustjacket as issued. 185 pages. No Defects. A New, Unread Book. A beautiful, square, tight copy with clean, unmarked pages. Tight hinges indicate book has never been opened. Perfect Gift Quality. 120 Simple Recipes and Menus to let you get Healthy, Delicious Food on the Table Fast. 10 9 8 7 6 5 4 3 2 First Special Edition, Second Printing 1997.



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