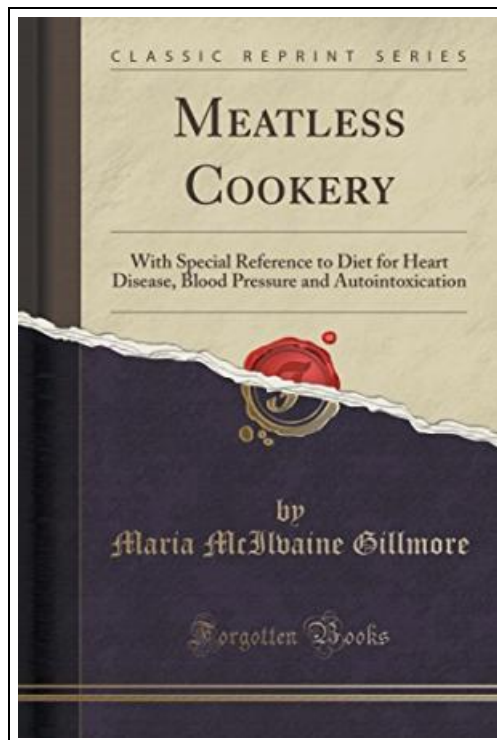


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Reviews




Simply no words to explain. It really is basic but shocks from the fifty percent of the ebook. I am just happy to explain how this is the finest pdf we have read within my personal life and could be the best ebook for possibly.
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MEATLESS COOKERY: WITH SPECIAL REFERENCE TO DIET FOR HEART DISEASE, BLOOD PRESSURE AND AUTOINTOXICATION (CLASSIC REPRINT) (PAPERBACK)



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Forgotten Books, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Meatless Cookery: With Special Reference to Diet for Heart Disease, Blood Pressure and Autointoxication Since auto-intoxication is now held to be the cause of many of the most serious diseases of humanity, too much stress cannot be laid upon the immediate necessity of looking into the question of diet and removing those foods which are responsible for the cause of ill health. In the case of heart trouble and high blood pressure, with the accompanying deterioration of other organs, Dr. Bishop has found from prolonged observation that the offending substance most often appears in meat, eggs, fish and meat stock soups, but is not the same in all cases. One has only to read the morning paper to note the number of men and women, unfortunately most often those living at high pressure in solving some of the problems of our complex civilization, who are cut down without warning. One must be irresponsive indeed not to be impressed by the fact that something is radically wrong in our present mode of life. In a double sense, the way to a man s heart is by the food he is given, and the more elaborate the food, the more quickly does his heart succumb to the strain put upon it. So it falls upon the women to meet this condition, and without delay. The insidiousness of auto-intoxication is that it runs on for some time without showing any outward effect, so that when the crash comes the years of slow poisoning must be counteracted in a few days, and the tragic part of it is, so often, it is too late. About the Publisher Forgotten Books publishes hundreds of thousands of rare and...

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