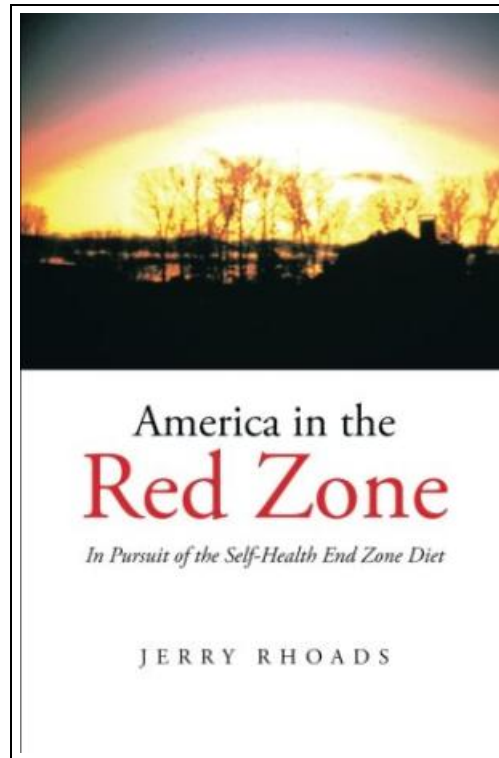


## America in the Red Zone: In Pursuit of the Self-Health End Zone Diet



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