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From Frazzled to Fabulous: How to Juggle a Successful Career, Fatherhood, 'Me-Time' and Looking Good (Hardback)

By Man Who Has It All

Transworld Publishers Ltd, United Kingdom, 2016. Hardback. Condition: New. Language: English . Brand New Book. 'Hilarious and thought-provoking, the Man Who Has It All highlights the ridiculousness of the patronising advice thrown at working mums every day by reimagining it with dads in mind. The Unmumsy Mum While women are bombarded with advice about how to be the perfect mum, how to have a successful career and have glowing skin all at the same time, men have been left floundering. Thank God, then, for From Frazzled to Fabulous, which for the first time shows men how they, too, can have it all. As well as giving essential tips for career men and busy working dads, From Frazzled to Fabulous isn't afraid to address the big questions. Can curvy dads ever be truly happy? Can you be a dad and still feel sexy? This hilarious and eye-opening book, drawn from the hugely popular Twitter and Facebook accounts of the Man Who Has It All, offers men helpful advice about what your face shape says about your parenting skills, why staying hydrated will improve your career prospects and how dressing in your 'wow colours' will get you heard around the boardroom...



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Reviews

Completely essential go through pdf. It really is simplistic but excitement within the fifty percent in the ebook. Your lifestyle period will be change when you full reading this pdf.

-- **Shaun Bernier II**

Very useful to any or all group of men and women. I am quite late in start reading this one, but better then never. You are going to like just how the blogger publish this book.

-- **Kristian Nader**