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Kindling the Native Spirit: Sacred Practices for Everyday Life

By Denise Linn

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Kindling the Native Spirit: Sacred Practices for Everyday Life, Denise Linn, Kindling the Native Spirit reveals secrets to enhance your connection to the mysterious forces around you. It's a mystic map that guides the way for you to follow in the footsteps of the wise ones who have gone before you. And in a deeper way, it ignites the majestic native soul that dwells within you, which in turn re-establishes your relationship to the sacred whole. Denise Linn, a member of the Cherokee Nation, has gleaned wisdom from tribal traditions around the world, including the Zulu in Africa, the Maori in New Zealand, the Aborigines of Australia and various Native American tribes in North America, along with other indigenous cultures. In Kindling the Native Spirit, she shares specific methods to open gateways to mystical encounters and the knowledge that enables you to activate ancient healing practices in your present-day life. In this book you will learn: how to discover your true name, determine your animal ally, embark on sacred spirit journeys and experience vision quests; step-by-step instructions on how to make a rattle, a dream catcher, a spirit stick, a...



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