



Not Zen: A Zen Revolution: How the Mysterious Transmission of Some Old Men Was Interrupted; Explained Mostly in Their Own Words. (Paperback)

By Ewk

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Buddhism is not Zen. Mindfulness is not Zen. Zazen meditation is not Zen. Zen is a name that began with Bodhidharma and includes the Zen Patriarchs of China and the Masters that followed him, such as Huang Po and Joshu and the others in the Mumonkan, and even Tung Shan. They taught no practices, no means and no attainment. As Joshu said, We are all Patriarchs now that Bodhidharma has come. The Zen conversation is characterized by several memes, one of which is the Four Statements of Zen. These memes have largely been abandoned by those who claim to be Zen Buddhists today. Other memes include Negation (no teaching, no attainment, no wisdom), Zen Dialogue or Dharma Combat, Conceptual Thought, and of course Sudden Enlightenment. The Sudden Enlightenment meme is one of the most ignored memes in Zen. The majority of those claiming to teach Zen Buddhism are preaching the Buddhist religion. They preach a path to inner peace, they preach mindfulness, and they put their faith in a practice called zazen sitting meditation. They claim this is Zen. What...



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Reviews

A very amazing publication with perfect and lucid information. We have read through and that i am certain that i will planning to study once more yet again in the future. You will not really feel monotony at anytime of the time (that's what catalogues are for about should you question me).

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