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THE 17 DAY PLAN TO STOP AGING (HARDBACK)



Free Press, United Kingdom, 2012. Hardback. Book Condition: New. 231 x 157 mm. Language: English . Brand New Book. Every year, every month, every day, every hour, every minute that you are alive, you are getting older. No matter how old you are, your body is undergoing age-related changes that can lead to less energy, painful joints, droopy skin, unsightly wrinkles, and overall declining health. But what if someone told you that getting older and the physical process of aging...

Read PDF The 17 Day Plan to Stop Aging (Hardback)

- Authored by Mike Moreno
- Released at 2012



Reviews

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