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THE FLAT TUMMY CLUB DIET (PAPERBACK)



Hodder Stoughton General Division, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book. Depressed by her expanding waistline, Kate Adams set out to lose weight - and keep it off for good. Six months later and over two stone lighter she decided to share her experiences and set up the Flat Tummy Club. Now you too can become a member by following the foolproof Flat Tummy Club Diet:1. Do the Flat Tummy Inquisition to work out where...

Read PDF The Flat Tummy Club Diet (Paperback)

- Authored by Kate Adams
- Released at 2012



Filesize: 2.98 MB

Reviews

A must buy book if you need to adding benefit. It really is writter in easy terms instead of difficult to understand. I found out this ebook from my dad and i advised this publication to find out.

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