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Food and Cooking of Argentina (Hardback)

By Cesar Bartolini

Anness Publishing, United Kingdom, 2014. Hardback. Condition: New. Language: English . Brand New Book. This title features 65 traditional recipes from the heart of South America. You can discover the generous and hearty cuisine of Argentina in a vibrant collection of authentic recipes. It offers a fascinating introduction to the geographical and historical diversity of Argentinian food, from the grasslands of the Pampas to the foothills of the Andes. It features a wide variety of dishes from irresistible snacks like Fish Croquettes, to the incredible meat feast of the famous Argentinian barbecue, or the fabulously tempting desserts featuring dulce de leche. You can learn how to create Argentinian classics like Empanadas (little meat pasties), Tamales de humita (sweetcorn parcels), and Faina (the Argentinian pizza). It is lavishly illustrated with more than 380 stunning photographs, including step-by-step instructions. Strongly influenced by Spanish cooking traditions, Argentinian food is most famous for its first-class beef, herded by the iconic gauchos of the Pampas. The country's cuisine is far more varied than this, however, with a focus on fresh, home-sourced ingredients, such as lamb and Welsh-influenced cakes from Patagonia, fish from the coast, and fresh fruit and vegetables from the fertile region of...



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