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Seeking Wisdom: A Spiritual Manifesto (Paperback)

By Larry Culliford

The University of Buckingham Press, United Kingdom, 2018. Paperback. Condition: New. Language: English . Brand New Book. A skilled physician and psychiatrist has turned his gifted attention to the ailments of society. Where is humanity heading, towards misery and destruction or a far more glorious future? How can we - as individuals - make a difference? These are among the most timely questions addressed by this boldly reasoned Spiritual Manifesto. Part 1 (Rationale) examines the human predicament in terms of both intellectual understanding, and spiritual experiences that are both deeply personal and universal. Progress towards wisdom and maturity occurs in recognizable stages involving not despair but growth in the face of inevitable misfortune, threats and losses as life proceeds. Healthy grieving allows emotional pain to be healed through a reliable natural process, comparable to the healing of wounds. Part 2 (Commentary) follows, offering incisive and coherent remarks on `Politics , `Leadership , `Religion , Education , `Health, Mental Health and Social Care , and `Capitalism - Economics, Banking and Business , highlighting especially a correctable imbalance between rational, left-brain dominated, `worldly attitudes and ambitions, and intuitive, right-brain derived, `spiritual values. Part 3 (Seeking Wisdom) continues seamlessly, revealing a simple, constructive...



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