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VerAegis Lifeline: A Guide to Live Beyond Your Comfort Zone (Paperback)

By James M Haden

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Achieve a Unique and Dynamic Balance in Life Like You Have Never Experienced Before! The word VerAegis signifies a unique and dynamic balance in life. This fragile balance between relationships, contribution, and spirit is our key to orchestrating a meaningful and lasting legacy. VerAegis is an evocative word derived from Veracity and Aegis, together invoking the essence of courage-being considerably courageous. Orchestrate Your Legacy VerAegis LifeLine is a roadmap to help each of us manage the change we desire in our lives. Individual chapters are comfortably completed in a week and include a summary of the corresponding chapter from all of the previous three VerAegis books (Relationships, Contribution, and Spirit). Following the key point summary, is a list of personal investigation questions which inspire individual thought and motivate discussion within small groups or teams. At the end of each chapter, personal reflection, and skillwork sections encourage us to collect our thoughts while facilitating management of the See-Plan-Do-Get change control process as we endeavor to establish new, healthier habits. Envision a Better Future and Take the Steps Necessary to Make it Happen By...



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