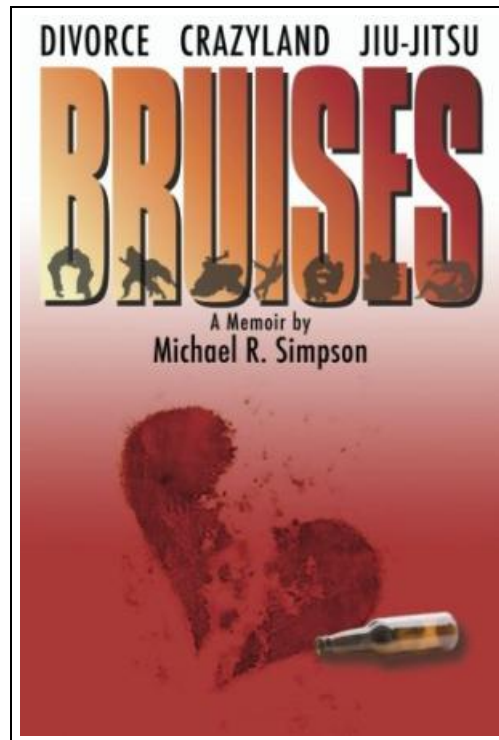


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Reviews

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BRUISES (PAPERBACK)



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Story Merchant, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Mike was trapped in *Crazyland-that s a term he d coined for that place between marriage and divorce. He was spending too much time at the bars, in the beds of strange women, on spring break in Mexico.and in his own head. This thirty-six-year-old yuppie was every kind of messed up. And it wasn t like he didn t know it. He was smart--an engineer running his own company, a father of two and he had been married for over ten years. Then one day he blinked and went from blending in beautifully in blissful suburbia to becoming the mayor of Crazyland (yes, the vote was unanimous). Somewhere in between watching news stories of regular guys stopping crime with their bare hands and his small, teenage cousin using Brazilian Jiu-jitsu to dominate him in a friendly grappling match in front of his kids, Mike decided it was time to fight his way out of Crazyland. Within a week he had signed up at the nearest Brazilian Jiu-jitsu studio. Unknown to Mike at the time, it was run by a BJJ legend. On the mats of this dojo, Mike began enduring ass whippings like never before. But a metamorphosis of mind, body and soul had started to occur as well. He discovered that Brazilian Jiu-jitsu wasn t just a sport, it was a club, a religion, a therapy session.and the people in it were his new family. . .Looking down at the splay of bruises decorating my body as if Jackson Pollock had gone apeshit with scads of paint and a dozen brushes made me aware of one, simple fact: I could never quit or stop practicing jiu-jitsu. I couldn t go through...



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