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Rusch to Glory: Adventure, Risk Triumph on the Path Less Traveled (Paperback)

By Rebecca Rusch

VELOPRESS, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Rebecca Rusch is one of the great endurance athletes of her generation, relentlessly fast on her feet, on the water, or racing a bike. She began her journey with an unceremonious start by joining the high school track team to score a free tracksuit. This scrawny Chicago kid soon abandoned her predictable life, heading from home to wander the world and find adventure. Trekking through Borneo, mountain climbing in Patagonia, navigating the rivers of Vietnam, racing bikes across the Andes Rusch's voyages saw her discover the adrenalin sport of adventure racing, stare down her doubts and fears, witness the tragic death of a friend, and rise toward a glass ceiling in sports. Rusch to Glory is set in the exotic locales and extreme conditions that forged an extraordinary athlete from ordinary roots. Known today as the Queen of Pain for her incredible perseverance against all odds, Rebecca Rusch tells her story of transformation to inspire anyone to discover their own greatness.

Reviews

The book is fantastic and great. It generally does not expense excessive. Its been designed in an exceptionally easy way and it is simply right after i finished reading through this book by which really changed me, change the way i think.

-- Adolfo Lindgren

This book is amazing. it was writtern very completely and helpful. Your way of life period is going to be enhance as soon as you full reading this pdf.

-- Antonia Lindgren II