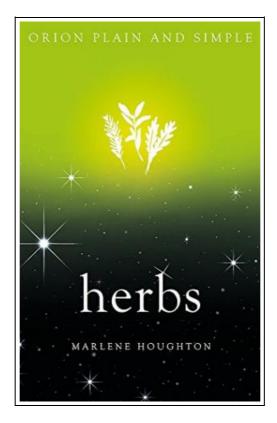
# Herbs, Orion Plain and Simple (Paperback)



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## Reviews

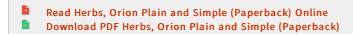
This is an awesome publication i have at any time read. Of course, it is play, still an interesting and amazing literature. You will like just how the author write this book.

(Prof. Herta Mann)

### HERBS, ORION PLAIN AND SIMPLE (PAPERBACK)



Orion Publishing Co, United Kingdom, 2017. Paperback. Condition: New. Language: English. Brand New Book. A practical guide to using natural remedies and therapies to improve wellbeing. In this clear and practical introduction to herbal medicine, Marlene Houghton provides gentle and effective natural therapies for a range of common complaints and allows you to take your health into your own hands. This essential guide to herbalism takes the guesswork out of healing with herbs and allows you to use the power of nature to tackle everyday ailments. Among the topics covered are: A brief history of herbalism\* An overview of how herbs heal\* A herb glossary that includes how to use herbs and the benefits of each\* The body's systems and the herbs that make them work better\* A herb dictionary.



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Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. You have the power, Dad, to influence and educate your child. You can...

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