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Morgan James Publishing, United States, 2015. Paperback. Book Condition: New. 201 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. The number of kids who love to play soccer has exploded in the last decade. Unfortunately, so has the number of sports injuries. Why? More games, more competitions, and early specialization have all contributed, but so have our methods of training them. High pressure to perform along with an increased volume and intensity of training...

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- Authored by Wendy Lebolt
- Released at 2015



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