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The Complete Guide to Growing Healing and Medicinal Herbs: Everything You Need to Know Explained Simply

By Wendy M. Vincent

Atlantic Publishing Co, United States, 2015. Paperback. Book Condition: New. 2nd Revised edition. 230 x 155 mm. Language: English . Brand New Book. Herbs have been the centerpiece of natural health care since before the dawn of medicine in ancient Greece. With more than 50,000 strains of herb from around the world currently catalogued by various botanical societies and only a small percentage of those serving solid, universally recognized medical purposes, it is no wonder that many people have taken up the hobby of growing their own herbs at home to help with basic things like healing burns or relieving headaches. This book will guide you through the step-by-step process of learning about and growing your own healing herbs, starting with the basics of what each herb can do and proceeding to show you everything you need to cultivate them yourself. The first things you will learn in this guide are the basics of all healing herbs, starting with a complete breakdown of the numerous healing herbs known to be easily cultivated in temperate climates. After matching the right herbs to your region, you will then be able to start learning about how herbs grow, what they need from the...



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Reviews

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-- **Jayda Lehner Jr.**

The book is great and fantastic. Yes, it really is engage in, still an interesting and amazing literature. You wont feel monotony at at any moment of your respective time (that's what catalogs are for regarding if you request me).

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