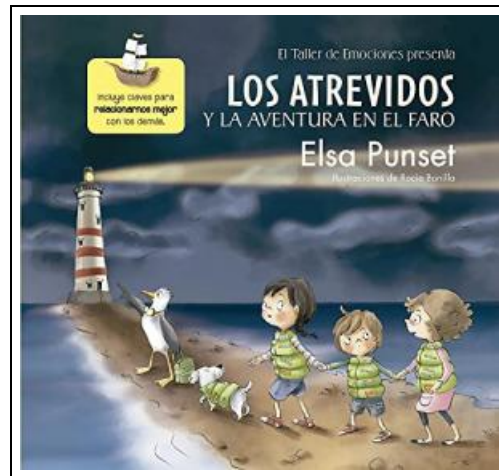


## El Taller de Emociones. Los atrevidos y la aventura en el faro (Spanish Edition)



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*(Katrine Kohler DVM)*

**EL TALLER DE EMOCIONES. LOS ATREVIDOS Y LA AVENTURA EN EL FARO (SPANISH EDITION)****DOWNLOAD**

BEASCOA. Hardcover. Condition: New. 48 pages. Dimensions: 9.1in. x 8.3in. x 0.6in. Descubre la serie el taller de emociones que la autora y especialista Elsa Punset, ha creado para ayudar a los niños a conocer y controlar sus propias emociones, algo imprescindible para crecer feliz. Elsa Punset, hoy referente indispensable en el ámbito de la inteligencia emocional, combina aventuras entrañables para los niños y niñas con un taller de emociones en el que toda la familia descubrir pistas y recursos para mejorar su inteligencia emocional. En Los atrevidos en busca del tesoro, nuestros amigos se embarcan en una arriesgada misión de rescate para descubrir el secreto de dónde se esconde el mejor tesoro del mundo. . . y mejorar su autoestima! Con ilustraciones de Roco Bonilla. Los atrevidos son Alexia, Tasi y su perro Rocky. Ellos aún no lo saben, pero están a punto de descubrir cómo hacer magia con sus emociones. Acompañados por el genial y experimentado entrenador de emociones, la gaviota Florestn, se enfrentarán cada noche a retos divertidos y trepidantes. A través de sus aventuras aprenderemos de forma amena a gestionar nuestras emociones, o lo que es lo mismo: a ponerles nombre, calmarlas o transformarlas. ENGLISH DESCRIPTION Elsa Punset, author and important mentor in the field of emotional intelligence, has created the Emotions Workshop series, a tool that will help children know and control their own emotions an indispensable skill for growing up happy. Knowing how to handle our emotions isn't always easy, especially for young ones. Educating children with emotional intelligence is essential for teaching them to manage their feelings and thus improve their relationships with others, overcome everyday problems, and make better decisions. In The Daring and the Adventure in the Lighthouse, a giant storm puts our friends in a tight situation, but it also helps them discover the...

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