



## 4:09:43: Boston 2013 through the eyes of the runners

By Hal Higdon

Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, 4:09:43: Boston 2013 through the eyes of the runners, Hal Higdon, 4:09:43, takes its title from the time into the 2013 Boston Marathon when two bombs exploded and is a compilation of accounts provided by those taking part. It focuses on the accounts of 75 runners, collected through social media: blogs posted online, stories offered on Facebook and e-mails sent to the author. The book presents these stories, condensing and integrating them into a smooth-flowing narrative that begins with runners boarding the buses at Boston Common, continues with the wait at the Athletes' Village in Hopkinton and flows through eight separate towns. The story does not end until the 23,000 participants encounter the terror on Boylston Street. "These are not 75 separate stories," says the author. "This is one story told as it might have been by a single runner with 75 pairs of eyes."

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