



Football: You Can Make the Team! (Paperback)

By Clary Anderson

Createspace, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The success of a football player depends upon a variety of conditions. The participant must have very definite ambitions. His first aim should be the making of the team. This aim or objective will stimulate him to make full use of his ability and inspire him to develop his football potential to the highest degree. The basic foundation of football is the performance of the fundamentals and skills of the sport. These must be learned thoroughly and carried out perfectly and automatically. The proper use of the fundamentals minimizes the probability of injury to the candidate. A football team will not be successful unless it is well grounded in fundamentals. This book by Clary Anderson emphasizes the teaching of fundamentals. These fundamentals are attractively illustrated and diagrammed, and are carefully explained. They will be a great help to players who seriously desire to make their teams. A number of football skills such as kicking, passing, catching kicks and passes, ball handling, etc., can be practiced by boys without the supervision of a coach. This book demonstrates the correct use of these skills. For...

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