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Parenting Children with ADHD: 10 Lessons That Medicine Cannot Teach (2nd Revised edition)

By Vincent J. Monastra

American Psychological Association. Paperback. Book Condition: new. BRAND NEW, Parenting Children with ADHD: 10 Lessons That Medicine Cannot Teach (2nd Revised edition), Vincent J. Monastra, Your son doesn't do his homework and is failing nearly all his subjects, but his teachers say he just needs to try harder. Your daughter is moody, defiant, and barely speaks to you and you're thinking it's got to be more than just a phase. You hear other parents talk about the great things their kids are doing and you wonder, "What am I doing wrong?" In this second edition of Parenting Children With ADHD, Dr. Vince Monastra provides practical, step-by-step guidance to parents looking for ways to bring out the best in kids with ADHD. He presents updated lessons about the causes of ADHD, how medications work, and the problems that sleep deficits, poor nutrition, and other medical disorders can cause. He also shares his innovative approach for improving organization, task-completion, problem-solving and emotional control. Updates in this edition include: new procedures and tests for diagnosing ADHD, empirically-supported psychological treatments for ADHD, including neurotherapy tips for developing a safe, supportive educational environment for your child, a new chapter on teaching life values such as kindness, generosity and compassion.



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