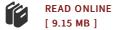


## Sunshine and Rainbows: And Other Happy Crap: A Grumpy Girl s Guide to Gratitude (Paperback)

## By Aleah Helton

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Small joys are often in the details. Do you sit and wonder how it is that you can make it through one more day? Sometimes, in the hustle and bustle of life we forget to stop and show gratitude. Sunshine and Rainbows, and OTHER HAPPY CRAP is a hands-on, real life book to help you pause and remember the joys in life. This book includes personal stories from the authors, moments of reflection, as well as a year-long, day-today gratitude journal. So grab a pen, a bottle of wine or some chocolate, or both, and curl up on the sofa. \*Contains adult language.



## Reviews

This pdf is fantastic. It is really basic but excitement from the fifty percent in the book. Your lifestyle span will be change as soon as you full reading this publication.

## -- Yolanda Nicolas

A brand new eBook with a new standpoint. I have got read through and i also am confident that i will gonna read again once again down the road. Once you begin to read the book, it is extremely difficult to leave it before concluding. -- Miss Shannon Hilll V

**DMCA Notice** | Terms