

## Amazing Pasta at Home. 25 Recipes Pasta for Every Day. (Paperback)



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### **Reviews**

*Comprehensive guide for pdf fanatics. It is filled with knowledge and wisdom It is extremely difficult to leave it before concluding, once you begin to read the book.*  
*(Valentin Thompson)*

## AMAZING PASTA AT HOME. 25 RECIPES PASTA FOR EVERY DAY. (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Pasta can be cooked in minutes and it comes in various shapes which include short, long, convoluted or straight and it can be served with different types of sauces. This satisfactory recipe can be cooked for any occasion, in any situation and can be prepared as a dessert, snack, main dish or even complete meal. Some additions like cheese, fish, fat, and meat provide amino acids, protein, essential vitamins, calcium and other vital nutrients that normally improve our general health and well-being. I am sure it will be easier for you to learn how to prepare all the recipes explained in this book as the ingredients are cheap, easily available and directions are brief and well explained. Eating pasta is one of the best ways of getting energy from food as it contains carbohydrate that can easily be digested. This book has been subdivided into three chapters; where: - chapter one contains pasta with meat and pasta with seafood: chapter two contains baked pasta filled pasta: chapter three contains vegetarian pasta. It s my hope that you ll enjoy reading through each recipe as you will learn more and be able to prepare healthy and highly nutritious meals.



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