



Chronic Depression: Diagnosis Treatment for Dysthymic Disorder

By Anthony Wilkenson

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Dysthymia or chronic depression, as it is commonly known was written about one of the most misunderstood psychological disorders. Although it is the most common mental disorder, it is taken very casually because there is lack of knowledge about the subject. Normally, when this disorder is diagnosed, they think that the life of that person is over. This myth has to be broken because there is no logical explanation. There is nothing to panic about and hopelessness will only make it worse. The best thing is that the problem has been diagnosed and we will discuss in details as to why it is so challenging to get it diagnosed. This book takes you step by step through every aspect of chronic depression from diagnosis, to the treatment plans, to dealing with a loved one with this disorder. Starting from recognizing the symptoms, analyzing the causes, and choosing the right medication, you will enrich your knowledge and learn how to overcome chronic depression. The aim of this book was to educate and inform you about Dysthymia...



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