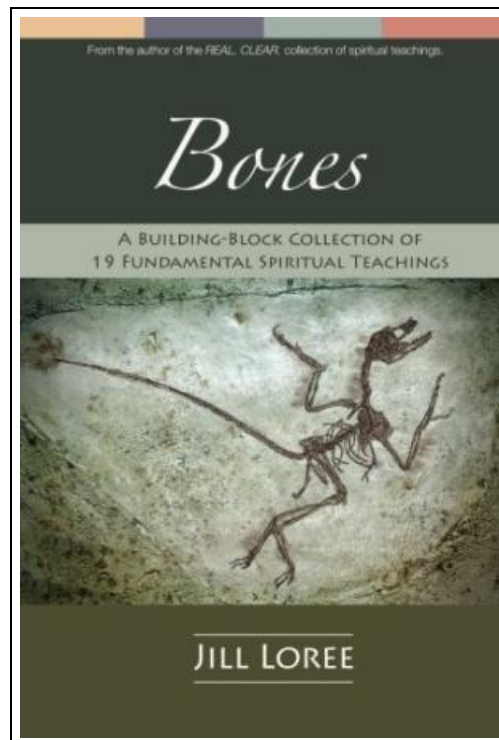


Bones: A Building-Block Collection of 19 Fundamental Spiritual Teachings (Paperback)



Filesize: 4.88 MB

Reviews

I actually started off looking over this publication. Indeed, it really is play, nevertheless an amazing and interesting literature. Its been printed in an exceedingly basic way and is particularly just right after i finished reading this ebook by which actually altered me, affect the way i believe.

(Toney Bernhard)

BONES: A BUILDING-BLOCK COLLECTION OF 19 FUNDAMENTAL SPIRITUAL TEACHINGS (PAPERBACK)



To get **Bones: A Building-Block Collection of 19 Fundamental Spiritual Teachings (Paperback)** PDF, make sure you follow the hyperlink below and download the file or get access to other information that are in conjunction with **BONES: A BUILDING-BLOCK COLLECTION OF 19 FUNDAMENTAL SPIRITUAL TEACHINGS (PAPERBACK)** ebook.

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This collection of spiritual teachings is like the bones of a body-a framework around which the remaining body of work can arrange itself. Sure, there s a lot that needs to be filled in to make it all come to life, but with Bones, now we ve got the basic building blocks in place. Plus the words go down like a strawberry milkshake-pleasing to the tongue yet with all the calcium we need for optimum health. If you re looking to build a solid foundation for personal growth and healing, Bones will start you off on firm footing. CONTENTS 1 Emotional Growth and Its Function 2 The Importance of Feeling All Our Feelings, Including Fear 3 The Higher Self, the Lower Self, and the Mask Self 4 Three Basic Personality Types: Reason, Will and Emotion 5 Intellect and Will as Tools or Hindrances to Self-Realization 6 The Origin and Outcome of the Idealized Self-Image 7 Love, Power and Serenity in Divinity or in Distortion 8 How and Why we Recreate Childhood Hurts 9 Images and the Deep, Deep Damage They Do 10 Unpacking the Pain of our Old Destructive Patterns 11 Our Habit of Transferring our Split onto Everyone 12 Finding Out the Truth about Ourselves, Including Our Faults 13 The Ubiquitous Faults of Self-Will, Pride and Fear 14 Exposing the Mistaken Image we have About God 15 Learning to Speak the Language of the Unconscious 16 How Pleasure Gets Twisted into Self-Perpetuating Cycles of Pain 17 Overcoming our Negative Intention by Identifying with our Spiritual Self 18 How to Use Meditation to Create a Better Life 19 The Giant Misunderstanding About Freedom and Self-Responsibility.



[Read Bones: A Building-Block Collection of 19 Fundamental Spiritual Teachings \(Paperback\) Online](#)



[Download PDF Bones: A Building-Block Collection of 19 Fundamental Spiritual Teachings \(Paperback\)](#)

You May Also Like



[PDF] Brown Paper Preschool: Pint-Size Science : Finding-Out Fun for You and Young Child

Access the hyperlink under to read "Brown Paper Preschool: Pint-Size Science : Finding-Out Fun for You and Young Child" PDF document.

[Save PDF »](#)



[PDF] Read Write Inc. Phonics: Yellow Set 5 Storybook 7 Do We Have to Keep it?

Access the hyperlink under to read "Read Write Inc. Phonics: Yellow Set 5 Storybook 7 Do We Have to Keep it?" PDF document.

[Save PDF »](#)



[PDF] My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

Access the hyperlink under to read "My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests" PDF document.

[Save PDF »](#)



[PDF] What is Love A Kid Friendly Interpretation of 1 John 311, 16-18 1 Corinthians 131-8 13

Access the hyperlink under to read "What is Love A Kid Friendly Interpretation of 1 John 311, 16-18 1 Corinthians 131-8 13" PDF document.

[Save PDF »](#)



[PDF] 10 Most Interesting Stories for Children: New Collection of Moral Stories with Pictures

Access the hyperlink under to read "10 Most Interesting Stories for Children: New Collection of Moral Stories with Pictures" PDF document.

[Save PDF »](#)



[PDF] Count Leopold s Badtime, Bedtime, Children s Rhymes Vol II: A Collection of Children s Rhymes with Anti-Bullying Themes

Access the hyperlink under to read "Count Leopold s Badtime, Bedtime, Children s Rhymes Vol II: A Collection of Children s Rhymes with Anti-Bullying Themes" PDF document.

[Save PDF »](#)