



# How to Self-Destruct: Making the Least of What's Left of Your Career (and What to Do If You Fail at Failing)

By Jason Seiden

Trestle Publishing. Paperback. Book Condition: new. BRAND NEW, How to Self-Destruct: Making the Least of What's Left of Your Career (and What to Do If You Fail at Failing), Jason Seiden, You say, "I want to make it to the top!" I say, "Why would you want that?" That kind of success requires personal growth. Personal growth is difficult, stressful, and risky. Put those adjectives in front of anything else and you would run away as fast as you could! How about an alternative form of success that requires no practice, no soul-searching, and no behavioural change whatsoever? Sounds too good to be true? It's not! It's called self-destruction, and you're probably already familiar with it. But do you know how to achieve it? With Jason Seiden's expert advice, you too can learn to: marginalise yourself at work, whether you are in an entry-level position or a swanky corner office; promote mediocrity while squelching outstanding performance; use technology to your disadvantage; and, destroy old relationships and prevent new ones from forming. For safety's sake, the treatment of each topic also includes the strategies of those misguided fools who still choose success, so you know what not to do. This is a...



## Reviews

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