



A-Z of Hoarding: The 7 Reasons People Hoard (Paperback)

By Laura Cochran

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. How can a non-hoarder write a book about hoarding? That is easy. I was raised by one, I was married to one, and I served as landlord to many more hoarders. My life has been a tug-of-war of emotions dealing with being criticized, compared to, and punished by my dad for mom s extreme hoarding, and the pain and work it causes everyone involved. Through the journey, I have come to accept the humanity of the hoarder who is buried, cocooned, and insulated by their stuff. I hope my insights will help with whatever journey you are undergoing with your loved ones, even if their hoarding has left no room in their life for you right now. Please don t take it personally, but read the seven reasons I have finally concluded that these individuals choose their mountains of belongings over us. Wishing you health and peace on your journey that you are undertaking, whether it be understanding, compassion, physically shoveling out the garbage, or ultimately accepting the world of hoarding your loved one has now put in front...



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