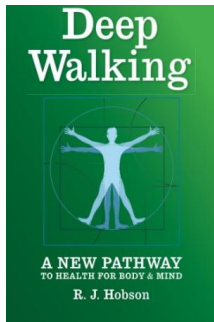


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Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Deep Walking is a book written to encourage people to engage in a holistic walking program for better health. Laden with current research statistics it demonstrates how changing forces in our culture including poor diet and increased inactivity are putting all of us at risk for serious diseases which deprive us of lives of longer duration and good...

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