

## Gracious: How to Embody the Qualities of Charm, Tact, and Etiquette

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## Reviews

Completely one of the best ebook I actually have possibly study. It can be writter in simple phrases and not confusing. You can expect to like the way the author write this book. (Josefa Ebert)

## GRACIOUS: HOW TO EMBODY THE QUALITIES OF CHARM, TACT, AND ETIQUETTE



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Blackstone Audiobooks, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. From New York Times bestselling author of Adulting: How to Become a Grown-Up in 468 Easy(ish) Steps comes a funny, charming guide to modern civility in these?yes, we ll say it?rather uncivil times.Graciousness is practicing the arts of kindness, thoughtfulness, good manners, humanity, and basic decency. As a bonus, it makes your life and even the world (or at least the room you re in) much lovelier.It s not about memorizing every rule of traditional etiquette to a T (though there is so much there to explore!) or spending all your time maintaining a spotless house. It s about approaching the world with compassion, conviction, self-confidence, and wholeheartedness, whether you re at the Met Gala or saying good morning to a convenience store clerk.From chatting easily with anyone to mastering the subtleties of social media etiquette (hint: block early, block often), Brown has talked to gracious women and men all over the country to give you easy ways to embody your own graciousness.Throughout the book, she provides tips on how to deal with the people and circumstances that challenge even the most socially graceful among us, advice on how to practice graciousness in everyday life, and thoughtful discussions on being kind to those around you without ever losing your sense of self.With the wisdom of gracious folk ranging from celebrities to the author s mother-in-law, this book explains the perspective, actions?and, sometimes, inaction?that help us move smoothly and effectively through whatever life tosses at us.

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