



## Cupcake Chronicles: Is What Your Not Eating, Eating You? (Paperback)

By Bridgett Yevette Nesbit

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.What I told you that you could eat a cupcake a day and not worry about gaining weight? Well spiritual pounds that is. The problem for most people is not what they are eating but what is eating them. So are you counting calories, concerned with your intake but not dedicated to the same spiritual process. A daily regimen of feast on the sweetness of God s word to lose the pounds of pain and confusion (the things that send people to stuff their mouths with diets that kill the flesh and defeat the spirit. Instead taste and see that the Lord is good. Learn to include something sweet in each day, your daily bread and to gain spiritual strength to defeat any addiction. Oh taste and see!.



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