



The Art Of Peace (Paperback)

By Morihei Ueshiba

Shambhala Publications Inc, United States, 2018. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Teachings on fearlessness, compassion, and love of nature by the founder of the Japanese martial art of aikido--now part of the Shambhala Pocket Library. The real way of the warrior is based on compassion, wisdom, fearlessness, and love of nature. So taught the great Morihei Ueshiba (1883-1969), founder of the Japanese martial art of Aikido. Aikido is a mind-body discipline Ueshiba called the Art of Peace. It offers a nonviolent way to victory in the face of conflict, and he believed that Aikido principles could be applied to all the challenges we face in life--in personal and business relationships, as well as in our interactions with society. These succinct and pithy teachings are drawn from his talks and writings. The collection is compiled and translated by renowned Aikidoist John Stevens, a disciple of Ueshiba. This book is part of the Shambhala Pocket Library series. The Shambhala Pocket Library is a collection of short, portable teachings from notable figures across religious traditions and classic texts. The covers in this series are rendered by Colorado artist Robert Spellman. The books in this collection distill the wisdom...



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