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MY 10-DAY GREEN SMOOTHIE CLEANSING: YOUR ULTIMATE GUIDE TO LOSING 15LBS IN 10 DAYS (PAPERBACK)



Createspace, United States, 2014. Paperback. Condition: New. Large Print. Language: English . Brand New Book ***** Print on Demand *****.I am a Personal Development Coach and a trained psychotherapist specializing in weight loss and healthy dieting. Is time to kiss you the excess fat goodbye! This 10-day green smoothie cleanse is specifically about making green smoothie a part of your lifestyle. It contains vegetable and raw fruit that will help you reduce 15lbs in a couple of days. These are...

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- Authored by Jessy Julia Smith, 10 Day Green Smoothie Cleanse, 10-Day Green Smoothie Cleanse Program
- Released at 2014



Reviews

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