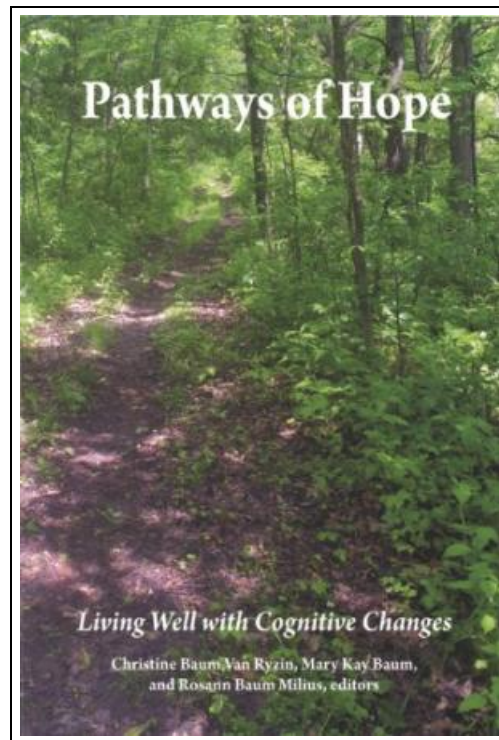


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University of Wisconsin Press, United Kingdom, 2011. Paperback. Book Condition: New. 251 x 173 mm. Language: English . Brand New Book. I want to help doctors, caregivers, and persons with Alzheimer s disease to understand that this diagnosis is not necessarily a rapid death sentence. Charley Schneider I now have test results and a neurologist saying I m improving my health! I hope others will pay attention to supplements [to medications], herbs, nutrition, exercise, mental stimulation, and environment as ways to better health. Karen Waterhouse This small but powerful book offers personal stories and important insights and information shared by twelve people facing early-onset Alzheimer s disease and/or other neurodegenerative disorders. Early-onset means that symptoms appear before age sixty-five, usually when people are in their forties or fifties, but some as young as age thirty-five. The book is a project of the support network forMemory, a group that connects individuals and their families affected by early-onset Alzheimer s and related diseases. Its aim is to increase emotional, spiritual, and physical wellbeing through actively and aggressively seeking ways toward prevention, slowing, and healing. The editors of this book, Christine Baum Van Ryzin, Mary Kay Baum, and Rosann Baum Millius, are sisters who saw their mother and aunt struggle for years with cognitive and physical decline, in an era when very little was known about symptoms, causes, and treatment for dementia and other cognitive impairments. In turn, each of the three Baum sisters has experienced symptoms and diagnosis of early-onset cognitive changes. Christine was affected first. Following ten years of undiagnosed memory problems, tremors, weakness, and personality changes, and another four years of decline after diagnosis, she in partnership with her physician began to learn ways to heal through a combination of medical and holistic mind-body-spirit approaches. She has achieved a remarkable,...

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