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Patis Mexican Table: The Secrets of Real Mexican Home Cooking

By Pati Jinich

Rux Martin/Houghton Mifflin Harcourt. Hardcover. Book Condition: New. Hardcover. 288 pages. Dimensions: 10.1in. x 8.1in. x 1.2in.The host of a highly popular PBS series, Patis Mexican Table, and a self-described overloaded soccer mom with three kids and a powerful blender, Pati Jinich has a mission. Shes out to prove that Mexican home cooking is quicker and far easier than most Americans think. Her dishes are not blanketed with cheese, or heavy and fried, or based on complex sauces. Nor are they necessarily highly spicy. Surprising in their simplicity and freshness, they incorporate produce and grains. Most important, they fit perfectly into an everyday family cooking schedule and use just a handful of ingredients, most of which are already in your pantry. Many are homey specialties that Pati learned from her mother and grandmother, some are creative spins on classics, while others are not well known outside of Mexico. Dishes like Chicken la Trash (its delicious!), a one-pot meal that Pati gleaned from a Mexican restaurant cook; Mexican Meatballs with Mint and Chipotle; Sweet and Salty Salmon; and Mexican-Style Pasta can revitalize your daily repertoire. Youll find plenty of vegetarian fare, from Classic Avocado Soup, to Divorced Eggs (with red and...



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