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Reviews

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(Breanna Hintz)

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Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do you want to be able to cook simple, healthy meals with the least amount of effort? This book could be the answer you re looking for. This book is your ultimate guide on how to cook delicious meals in less than an hour without the need to process or pre-soak hard ingredients ahead of time. With Instant Pot Pressure Cooker, you get to prepare meals with just a push of a button and then you are free to leave the kitchen and let your pressure cooker work its magic. Moreover, because this cooking machine has an automatic feature (Keep Warm), you need not come hurrying back into the kitchen when the beep sounds. A warm dish will always be waiting for you at your own pace and time. In this book, you will be provided with a guide on how to effectively use the Instant Pot Pressure Cooker. This guide also contains flavorsome meals for breakfast, lunch, dinner, and even desserts. Each of the 55+ best recipes found in this cookbook contains recommended servings and nutritional information. Just some of the questions and topics covered in this book include: An Overview of the Instant Pot Pressure CookerInstant Pot Breakfast EatsInstant Pot Lunch OptionsInstant Pot Dinner SelectionsInstant Pot Desserts/SnacksOther Pressure Cooker RecipesAnd much more!Here are just some of the delicious recipes you will find inside: Pressure Cooked Brown Rice with Cremini MushroomsMashed Sweet PotatoesSavory and Sweet Quinoa with ChickpeasChocolate OatmealScrambled TofuDown-Home Round SteakTortilla SoupSpicy Pork StewDinner SlidersCurry Chickpea with Buttered Flat BreadRisotto with Spring Vegetables Mango and Cashew CakeCandied Sweet PotatoesMaple PecansSpiced Pears in Cherry ColaAnd Much, Much More!Take Action Now and Get Your Copy of this Magnificent Cookbook...



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