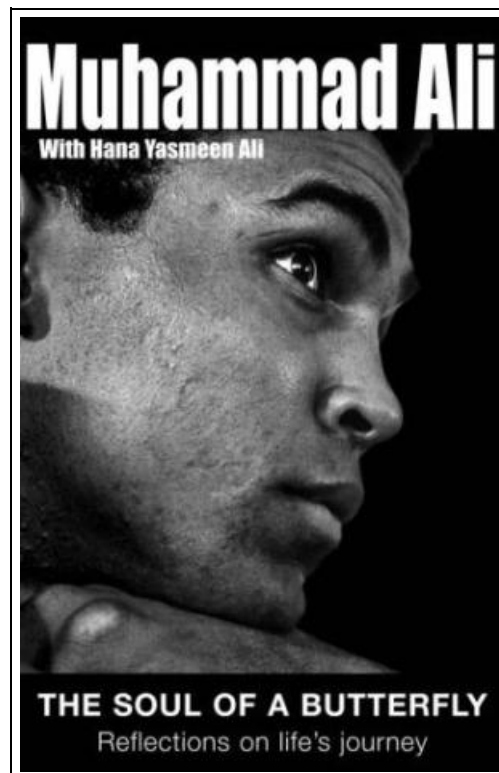


The Soul of a Butterfly



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Reviews

I actually started out reading this book. It can be packed with wisdom and knowledge I discovered this ebook from my dad and i suggested this book to understand.

(Prof. Barney Harris)

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Transworld Publishers Ltd. Paperback. Book Condition: new. BRAND NEW, The Soul of a Butterfly, Muhammad Ali, Hana Yasmeen Ali, In this poignant, moving book, Muhammad Ali shares the beliefs he has come to live by and which he has passed on to his children. Some of the wisdom is his own; some comes from the teachings of true Islam, from his spiritual studies, and from people he has met in the course of his extraordinary life. Here, as he recalls his early days as a young warrior in Louisville, Kentucky, and his meteoric rise to fame as Heavyweight Champion of the World, a title he won three times, he tells of the many battles he won and lost, both inside and outside the ring and his conversion to Islam in the 1960s. Now, working tirelessly as a worldwide ambassador for peace, he talks of the damage caused when religion is used to tear people apart, the essential need for unity in this troubled world, and how his faith sustains him on this, the most important journey of his life - the journey to forgiveness and peace. Together with his daughter Hana, in this timely spiritual memoir Ali draws upon his rich reserve of notes, tapes and journals, and writes with compassion, warmth and, of course, humour on how we can liberate mind, body and spirit when we pursue and embrace the one essential truth - love.



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