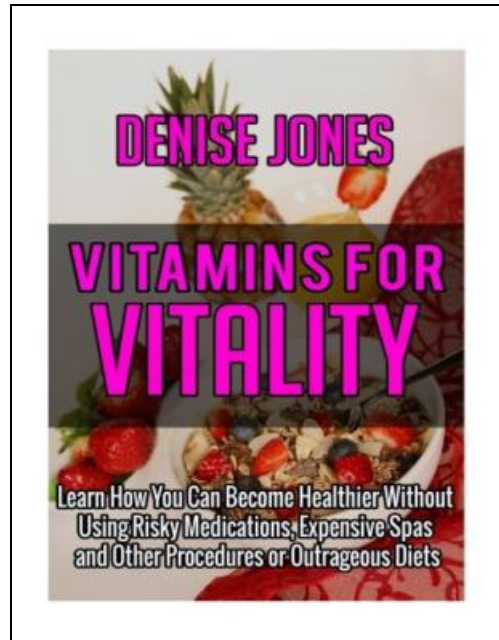


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(Dorian Roob)

VITAMINS FOR VITALITY: LEARN HOW YOU CAN BECOME HEALTHIER WITHOUT USING RISKY MEDICATIONS, EXPENSIVE SPAS AND OTHER PROCEDURES OR OUTRAGEOUS DIETS (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Bonus Book: SUPPLEMENTS FOR HEALTH Discover The Secret To Living With Vitamins for Vitality! Learn How You Can Become Healthier Without Using Risky Medications, Expensive Spas and Other Procedures or Outrageous Diets If you are looking for positive changes in your health and want to do it naturally then vitamin therapy is literally what some doctors are ordering. Chances are you grew up with a children s chewable in the morning and graduated to a multi-vitamin that you take with your liquid breakfast each morning. That is, on the mornings that you remember to take it. Or it could be that you re one of those people who never empty the bottle before the expiration date and we re talking about a 30-tab bottle. Don t feel bad. You probably grew up believing that little pill taken once a day will get you the beautiful blonde, the house in the suburbs, the new car and 2.35 children. The good news is that your fantasy can come true. Well, maybe not the blonde, the house or the kids but vitamin therapy can lead you to a much healthier life. The only challenge is knowing what vitamins to take and when to take them. Walk down the vitamin and mineral aisle in your local grocery store or pharmacy and you probably feel like you need to go back to school and relearn the alphabet. A, B, XYZ - how are you supposed to make sense of it? Vitamins for Vitality is just what you need to learn how to change your life and make the daring leap beyond your one a day vitamin. There really is a synergy to the alphabet soup...

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