



Keeping Safe in a Dangerous Place: An Essential Guide for Everyone

By Oscar Leon

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Most people go about their daily lives unaffected by crime, blissfully unaware of the potential dangers they could encounter. But violent crime is all around us. It can happen anytime, anywhere and to anyone of us. Some of us know this and have possibly experienced it first hand, or have a close friend or relative who has been the subject of an attack. Keeping Safe in a Dangerous Place has been written to help you understand how to protect yourself. It provides simple tactics for day to day life that give you the tools to identify potential threats and avoid them. It is not a book about fighting; it is a book about situational awareness. This book can help keep you from becoming a victim. From being attacked, from being hurt and from being traumatised. Obviously it is not possible to defend against everything but with a little knowledge you can avoid much of the day to day violence that you hear about in the news. From a content point of view this book is suitable for everyone...



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