

[DOWNLOAD](#)

Cooking with Steam: Spectacular Full-Flavored Low-Fat Dishes from Your Electric Steamer (Hardback)

By Stephanie Lyness

Echo Point Books Media, 2015. Hardback. Condition: New. Reprint ed.. Language: English . Brand New Book ***** Print on Demand *****.Put your electric steamer to use like never before with Cooking with Steam. This is the original cookbook on electric steaming, and 20 years later it's still the bible of low-fat, full-flavor steamed food. Its hearty, delicious recipes will open your kitchen to a world of sublime flavors and nutritious meals. Some favorite recipes include Panzanella-Stuffed Artichokes with Porcini Mushrooms; Salmon with Quick Basil Oil; Shrimp with Black Beans and Mango; Soy-Orange Marinated Chicken Cutlets; and Duck Legs Steamed on a Bed of Thyme. For dessert try the irresistible Bittersweet Chocolate Pudding Cake or the Lemon Cheesecake. But perhaps best of all is the fact that all of these astounding dishes can be prepared quickly, with no mess or hassle. Using your electric steamer is as easy as can be. Just plug it in, add your choice of ingredients, set the timer, and walk away. There's no fussy temperature gauge to monitor, no need to worry about burning your food, and since everything happens inside the steamer, you're free to focus on other tasks while your dinner...



[READ ONLINE](#)

[2.16 MB]

Reviews

This book is really gripping and fascinating. Of course, it is actually play, nonetheless an interesting and amazing literature. You will not feel monotony at anytime of the time (that's what catalogs are for about if you request me).

-- **Delbert Gleason**

This published book is wonderful. It is one of the most incredible book we have go through. I realized this pdf from my i and dad advised this book to learn.

-- **Felicia Heidenreich**