



Through Thick and Thin: My Autobiography

By Gok Wan

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Through Thick and Thin: My Autobiography, Gok Wan, With his infectious energy and charisma, Gok Wan has an incredible gift of making women feel more confident within themselves - but it's not until you read his own inspirational story that you find out where he got that gift from. Gok grew up on a Leicester housing estate, with a loving family who ran a Chinese restaurant. For his parents, food meant love - and Gok was so well loved that by the time he was a teenager he weighed 21 stone. Being Asian and gay as well, Gok felt lonely and out of place. He was an easy target for bullies and suffered terribly at their hands. In a moment of inspiration, he decided to reinvent himself with his first style makeover and a larger-than-life personality to go with it. But his next move was to lose a devastating ten stone in nine months. In "Through Thick and Thin", for the first time, Gok reveals all about that life changing period. The lessons Gok learnt during this time helped him bounce back to become a stylist to the stars, every woman's best...



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