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## A Friend in the Kitchen Or, What to Cook and how to Cook It, Containing about 400 Choice Recipes Carefully Tested .

By Anna L Colcord

RareBooksClub. Paperback. Book Condition: New. This item is printed on demand. Paperback. 38 pages. Dimensions: 9.7in. x 7.4in. x 0.1in. This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1899 edition. Excerpt: . . . for all this it must be admitted that the flesh of animals is not a natural diet for man, nor does it constitute the most healthful food. Of this it may truly be said as Christ said of the granting of awriting of divorcement, it was suffered because of the hardness of their hearts, bulfron tze beginning 2. z was not so. Matt. 19: 8. It was never intended that man should take the life of any innocent, living creature. Meat-eating tends to excite the passions. This is seen in the animal kingdom. The animals that are mild, patient, and docile are generally herbivorous, such as the cow, the sheep, the horse; while the excitable, quick tempered, and ferocious animals are meat-eaters, such as the lion, the tiger, the leopard. A meat diet also tends to constipation, the great scourge of the race. i...



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