



Getting Hip: Recovery from a Total Hip Replacement

By Sigrid MacDonald

AUTHORHOUSE, United States, 2004. Paperback. Book Condition: New. 223 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.GETTING HIP is a personal account of one woman s recovery from a total hip replacement. From the painful arthritic deterioration of her joint, to making the difficult decision to have surgery at the relatively young age of 47, Sigrid Macdonald takes us with her on her postoperative journey. She discusses how to prepare for hip surgery and the potential complications of the operation. A detailed description of her rehabilitation is provided, along with interviews with 10 people from all over the world, whose recovery time from hip surgery varied considerably. This reader friendly book is written with wit, candor, and empathy for the prospective hip patient. It offers useful tips for acquiring essential services and coping physically and psychologically with hip surgery, as well as important information about how to treat a new hip in order for it to last as long as possible. GETTING HIP provides the most up-to-date information on different implants, such as the ceramic hip, which received FDA approval in February of 2003, the metal on metal prosthesis, hip resurfacing and exciting advances...

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