



Left Hand in the Golf Swing: .a Revised Look at Golf Cross-Training Drills

By R D Hill

Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Golf is Life, and Life can be Hard. Golf is A Game Played Sideways. It s tricky tough to get good at. If you golf, you know, but that s why you like it - For the Grind, the Personal Challenge the Subtle Rewards of Success. Golfing well builds Confidence, and Confidence Is A Changed Life.!! My book is a Design for Your Improvement and A Formula for Your Success.!! CONSIDER: Two hands grip the club - typically a strong Right Hand and a weaker Left. 90 golf right-handed. STRENGTHEN THE LEFT, BALANCE THE POWER PLAY BETTER GOLF.!! That s the theme of the book. It applies to Leftys, too. Leftys just read right-for-left. Readers agree: The principles quickly deliver measurable results - Lower Scores and More Golf Pleasure from striking the ball well.!! THERE S A DRILL FOR EVERY SWING FLAW. The book describes a host of Similar Sports Beneficial Activities to quickly coordinate your Non-Dominant Left Hand to work fluidly in the swing with your Dominant Right one. Practice at your desk, while driving or working...



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