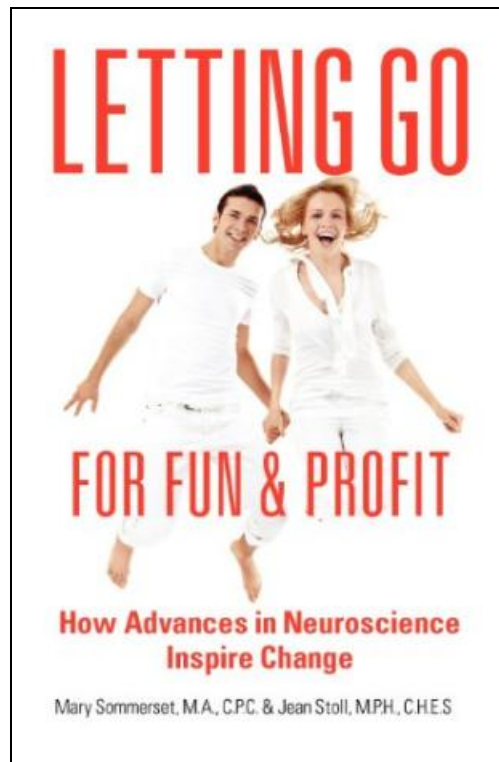


## Letting Go for Fun Profit: How Advances in Neuroscience Inspire Change (Paperback)



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*Complete guideline! Its such a excellent read. This really is for all who statte there had not been a worth studying. It is extremely difficult to leave it before concluding, once you begin to read the book.*

***(Timothy Lynch)***

## LETTING GO FOR FUN PROFIT: HOW ADVANCES IN NEUROSCIENCE INSPIRE CHANGE (PAPERBACK)



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Outskirts Press, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Letting go is not usually associated with fun, or profit for that matter. Yet, this little book provides tools for letting go of resistance by embracing the discoveries in brain science. No longer stuck in academic journals or science books, the eye-opening research in Neuroplasticity is rocking our world. This book is for women and men facing obstacles to their success. It s a non-threatening way to dive into neuroscience to see how brain imaging has given us new pictures of how we operate, and the very good news of how much easier it is, than we previously thought, to change the circuitry in our brains for a better life AT ANY AGE! In fact, there is scientific proof showing how attitude change CAN be effective and permanently hard-wired into your brain. How does that work? Many neuroscientists agree that 2-3 months of training the brain through consistent affirmations, visualizations, and thoughts, can result in behavior change. This little book contains such activities to train the brain that are fun and fulfilling. You can pick the book up anytime you are feeling less than perfect and want a change. As this book illustrates, letting go at any age can be an enjoyable process, a lightness stolen from pain with humor. Also, overcoming resistance will put you on the path to profit, which means to move forward, gain, reap any kind of advantage, financial or otherwise. In the best-selling book, The Answer, thousands of businesses benefited from understanding the answer was each person who read the book. You are the answer. You can learn to let go of resistances that are keeping you down. And you can have fun in the process.



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