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Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ****** Print on Demand ******. THESE 50+ DELICIOUS UNIQUE RAW FOOD RECIPES ARE SURE TO PROMOTE A HEALTHY WAY OF LIFE ALL WHILE LEAVING YOU WITH SOME HAPPY TASTE BUDS! It is recipes that you asked for, and it is recipes that you shall receive. Just take a look at some of the over 50 most delicious and healthiest raw food recipes that you will ever find: *Drink Recipes *Avocado-Kefir Smoothie with Mint Ginger *Coconut-Orange Juice *Mango Lassi *Creamy Raw Egg Nog *Raw Hot Chocolate *Whipped Strawberry-Coconut Smoothie *Coconut Mint-Chip Shake *Breakfast Recipes *Lemon Scones with Blackberry and Sage Jam *Stuffed Apricots with Cashew Chevre *Chia Seed Oatmeal with Cinnamon Mixed Berries *Coconut Yogurt with Walnuts Grapes *Berry Breakfast Crepes with Banana Cream Filling *Orange-Ginger Glazed Raw Donuts *Raw Seeds Buckwheat Cereal *Breakfast Tropical Fruit Bowl *Lunch/Dinner Recipes *Spring Rolls with Chile Sauce *Parsnip Rice with Hemp Seed and Basil *Coconut Wild Rice *Spaghetti alla Puttanesca *Zucchini Pasta with Spicy Lemon Pepper Salad *Classic Raw Lasagna *Cheesy Enchiladas *Burritos with Spicy Zucchini Sauce *Raw Ravioli with Red Pesto *Veggie-Almond Nori Rolls *Soups Salads *Arugula Creamed Pea Salad *Creamy Coconut and Cashew Soup *Mexican Salad *Avocado Gazpacho with Cucumber *Kale Tabbouleh with Fresh Herbs *Raw Corn, Avocado, and Black Bean Salad *Avocado-Apple Soup *Spinach and Strawberry Salad *Spinach Mushroom Salad with Marinade Dressing *Pistachio Red Pepper Bisque *Rainbow Chopped Salad *Dips, Pates, Sauces, and Dressings *Sunflower-Walnut Pate *Salty Banana Dip *Walnut-Honey Spread *Coconut Dressing *Guacamole Dip *Spicy Cheese Dip *Orange-Ginger Dressing *Citrus Salad Dressing *Tangy Pineapple Salsa *Snack/Dessert Recipes *Banana Maple Walnut Ice Cream *Key Lime Pie *Chocolate Chip Mint Ice Cream *Raw Peach Cobbler *Vanilla Bean Ice Cream *Chocolate



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