



A Path Less Conventional (Paperback)

By Michael E Morrison

Balboa Press, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.As a person born with cystic fibrosis, though not defined by his illness, Michael E Morrison knows better than most how Western medicine works. In the midst of his daily, very painful treatments, not surprisingly he found himself asking, Is Western medicine the best way forward? In this well researched and detailed exploration of alternative medicine, Morrison looks at the work of Joao de Deus at the Casa de Dom Inacio in Brazil; the method and benefits of Buteyko breathing; the use of energy medicine; the importance of nutrition; and the use of emotional freedom techniques (EFT) as well as other alternative treatments. He compares the results of Western medicine to those of alternative therapies and finds that, often, getting back to nature and listening to our bodies can be the best way forward in leading a healthy, fulfilled life.



READ ONLINE
[4.74 MB]

Reviews

Great eBook and useful one. it was actually writtern really completely and useful. You are going to like the way the article writer publish this publication.
-- **Prof. Ernestine Emard**

A must buy book if you need to adding benefit. I actually have read through and so i am certain that i will likely to read through once again once again down the road. I am just quickly could possibly get a delight of looking at a created ebook.
-- **Jayne Beier**

You May Also Like



The Diary of a Goose Girl (Illustrated Edition) (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. Claude A Shepperson (illustrator). Illustrated. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator....



A Cathedral Courtship (Illustrated Edition) (Dodo Press)

Dodo Press, United Kingdom, 2009. Paperback. Book Condition: New. Charles E Brock (illustrator). Illustrated. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator....



The Romance of a Christmas Card (Illustrated Edition) (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. Alice Erle Hunt (illustrator). Illustrated. 229 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator....



A Trip Through the Body

Dorling Kindersley Ltd. Hardback. Book Condition: new. BRAND NEW, A Trip Through the Body, Laurie Blake, DK, These are short stories designed to help kids learn how to read and learn to love reading. A Trip Through the Body is a "Reading...



My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts his life to the test and reports...



My Life as a Third Grade Zombie: Plus Free Online Access (Hardback)

Gallopade International, United States, 2013. Hardback. Book Condition: New. 224 x 142 mm. Language: English . Brand New Book. When you purchase the Library Bound mystery you will receive FREE online eBook access! Carole Marsh Mystery Online eBooks are an easy, effective,...