



Sex and Chocolate (Paperback)

By Cfayla Johnson

Pegasusbooks, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Sex and Chocolate is a book by Cfayla Johnson that will help restore your vital health, create extreme vitality, enhance longevity, encourage ultra-fitness and lead to fabulous sex through chi energy, spiritual energy, heightened experience and rejuvenating the body. This book contains Cfayla s regimen for Ultrawellness, which involves proper diet, fitness and meditation, complete with recipes, exercises and spiritual practices. Sacred Sexuality, according to Cfayla, encompasses spirituality as well as physical sex. It contains spiritual and energetic rejuvenation components and creates sustained intimacy, or feelings of profound love for your partner, a synergistic, balanced, masculine and feminine energy. Cfayla Johnson is a leading-edge wellness consultant in Los Angeles, California, who has been a personal health consultant for over 20 years. Her clients see her as a living portal of the latest knowledge on sexuality, spirituality, food and mood. Ultra-wellness, Cfayla s own full-encompassing wellness plan, developed over the last five years, was purposed for anyone seeking to live a healthier, happier and more purposeful life, with and a remarkable revitalization of sexual energy. Using the spiritual principles that have been around for thousands of...



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