



Key to Peace (Paperback)

By Swami Satchidananda

Integral Yoga Publications, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book. One of Swami Satchidananda s greatest, compact works, The Key to Peace shows clearly that peace is what really matters in life and explains how to be in that peace always by not disturbing our real nature. When our supreme inner peace is undisturbed, we are automatically in joy, in love, in light. It inspires us to lead a life of balance, contentment, above likes and dislikes-a life where everything comes to you. Topics include the forbidden fruit, selflessness, use but don t possess, be always happy, the greatest mantra, just keep giving, real service, joy is your reward, God s business, love to serve. If you call it a spiritual practice or service or Karma Yoga, it should give you the maximum joy. If it doesn t, it s just a selfish act.

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