



## The Race Against Time: Psychotherapy and Psychoanalysis in the Second Half of Life

By Calvin A. Colarusso

Springer. Hardcover. Condition: New. 334 pages. Dimensions: 9.6in. x 6.2in. x 0.9in. This is the second book in the pioneering investigation of adult development by Robert A. Nemiroff and Calvin A. Colarusso. The first, *Adult Development: A New Dimension in Psychodynamic Theory and Practice*, arrived to critical acclaim in 1981. It presented a psychodynamic theory of development during the second half of life and a model of normal adult functioning. This book is the logical sequel, expanding and elaborating the original formulations and applying them to the clinical practice of psychotherapy and psychoanalysis. Nemiroff and Colarusso demonstrate that these are appropriate techniques for patients in the second half of life, regardless of age. They lay to rest many stereotypes and myths that have long interfered with the dynamic treatment of older patients, and they propose exciting new conceptualizations such as that of adult developmental arrests. The genetic approach reaches beyond childhood and adolescence and takes on important new meaning by incorporating an adult developmental past that influences both psychopathology and transference. The relationship between theory and therapy is richly demonstrated in the clinical presentations, including ten detailed case histories of patients between the ages of 40 and...



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